

## Using a Travel Carrier or Crate

In almost all types of travel, you will need a suitable carrier or crate for your pets to keep them safe and secure. It should:



**Be a Suitable Size for Your Pet** – it should be big enough for your pet to stand, sit, lie down in a natural position and turn around easily.



**Be Safe** – it should not contain anything that could injure your pet or allow them to stick out a paw, head or tail that could get trapped. You must also be able to secure it firmly in a car to stop it moving around either by clips or straps.



**Provide Ventilation and Fresh Air** – this ensures that they do not get too hot. Remember that a carrier might be in 'still' air conditions for a long time.



**Give Access to Food and Water** – you should have food and water bowls inside the crate/carrier that are fixed and preferably spill proof and can be easily refilled on longer journeys.



**Have Absorbent Bedding** – you can use several layers of newspaper with other absorbent material such as matting, which may need to be changed over a very long journey.

**Make the crate or carrier familiar to your pet before you travel, as this can make a big difference to them.**

1. Leave the carrier/crate out for a few weeks before you travel to allow your pet to get used to it.
2. Try feeding your pet inside the carrier/crate or leaving treats inside it to create positive associations. Do this at least a couple of weeks before you need to use it.
3. When you travel, put familiar smells such as toys or blankets inside the carrier/crate with your pet to make them feel as secure as possible.

**Zylkene®**  
Keeping Happy Simple



**Zylkene® can help improve quality of life for pets—and their owners!**

Zylkene contains a natural product, derived from casein, a milk protein with calming properties. It is used to help pets cope when facing unusual and unpredictable situations or before occasions such as a change in their normal environment. There are many ways our pets can respond in these situations such as accidents, chewing, excessive barking or licking and not all animals respond in the same way. Zylkene has become a familiar product for veterinarians, behaviorists, veterinarian technicians, and pet owners for use in helping pets stay calm in challenging situations.



**Zylkene is EASY to give**

|  |                          |                       |                  |
|--|--------------------------|-----------------------|------------------|
|  | Zylkene® 75mg<br>75 mg   | Cats                  | 1 capsule a day  |
|  |                          | Dogs 10 lbs and under | 2 capsules a day |
|  | Zylkene® 225mg<br>225 mg | Dogs 22 – 32 lbs      | 1 capsule a day  |
|  |                          | Dogs 33 – 65 lbs      | 2 capsules a day |
|  | Zylkene® 450mg<br>450 mg | Dogs 33 – 65 lbs      | 1 capsule a day  |
|  |                          | Dogs 66 – 132 lbs     | 2 capsules a day |

### Recommended Use

Ideal for short term use:

- Begin use approximately 1 week prior to onset of event
- Dosage may be increased per your Veterinarian's direction
- Continue as needed

May be used long term:

- For best results, use for at least 30–60 days
  - Modify as necessary
  - Extend as required



**For more information visit**  
[www.myhappypets.com/zylkene](http://www.myhappypets.com/zylkene)

This brochure is one of a series of owner education leaflets sponsored by Vetoquinol USA, manufacturers and distributors of Zylkene.

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## TRAVELING WITH YOUR PET GUIDE

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These days we can travel a great deal and often we like our pets to come with us. Travel can be tough for our pets; yet a journey can often be greatly improved with a few simple changes. This guide aims to help make traveling a better experience for you and your pet by giving practical advice on general travel, as well as car journeys, and public transport.

## General Advice for any Journey

- **Prepare Before you Travel** – use supplements like Zylkene which may help your pet cope with traveling. Make sure you start the product 1 week before the expected travel date.
- **Travel in the Cooler Part of the Day** – if you are traveling in summer, try and travel when it is cooler and there is more shade, either early in the morning or in the evening.
- **Feeding** – with dogs feed well in advance of the journey, or even wait until you reach your destination, as they travel better if they do not have full stomachs. Always make sure you are carrying water in a bottle for your dog with a clean bowl in case they need a drink. Cats can be fastidious and should ideally have access to food at all times if they want it.
- **Keep Your Pet Under Control** – if your pet is small enough to be carried, always use a carrier. Otherwise, you will need to keep your pet under control by using either a leash if on public transport or one of the securing options if in a car.
- **Check your insurance policy** – is your pet covered for car journeys on your car or pet insurance? Does it make a difference to your coverage?

## Traveling by Car

A trip in the car is a regular event for most of us, but to your cat or dog it may not be such an easy task.

**Introduce Traveling Early** – when introducing a new pet ensure traveling in the car is something you expose them to early on. Initially make trips short and reward your pet at every stage. Make sure it's a positive experience. Talk to your vet if your pet experiences travel sickness.

**Secure Your Pet** – secure your pet's crate so it will not slide or shift in the event of a sudden stop. If you decide to forgo the crate keep your cat or dog in the back seat in a harness attached to a seat buckle.

**Break Up Long Journeys** – remember to stop regularly to make sure your pet is offered the chance to drink and go to the toilet. Obviously letting cats out to toilet may be difficult, but they may prefer drinking when stationary and will still appreciate a stop. A large crate with a litter tray on the opposite side from them may make them more comfortable.

**Provide Adequate Ventilation** – NEVER leave your pet in the car on a warm day, even for a few minutes with the windows down as they do not provide enough ventilation. Animals can get into distress if the temperature goes above 77°F even for a few minutes, and cars in full sunshine can quickly rise to double the temperature outside.



## Traveling on Public Transport

You will need to keep your pet either in a carrier or on a leash at all times, keep them calm and under your control, carry them on escalators or use the stairs, and have them on the floor or on your lap.

Public transport can be very difficult for your pet. It is noisy, busy and chaotic; full of unfamiliar smells and strange people, let alone adding in the experience of being in a moving vehicle.

- 1 **Avoid the Rush Hour** – the influx of a lot of commuters will make the whole experience a lot tougher for your pet and there simply may not be enough room on the bus or train for your carrier or your dog if they are on a leash.
- 2 **Alert the Transport Personnel** – ensure the transport personnel know you have a live animal and follow their instructions.
- 3 **Carry Waste Bags** – you may need to clean up after your dog if they are too large to go in a carrier and your fellow passengers will not appreciate mess being left behind!