



The Doggy Den

It is important dogs have a 'den' or safe place they associate as positive. This gives them somewhere to hide when changes are making them uneasy.

Below is our checklist to create the perfect doggy den:

- ☐ **Size**
Ensure the den is large enough for your dog to comfortably stand up, lie down, stretch out and turn around. A dog crate is ideal for this purpose.
- ☐ **Location**
Provide the den in a room your pet usually likes to hide and where they feel comfortable.
- ☐ **Smells**
Line the crate with used blankets, towels or old clothes to make it smell familiar.
- ☐ **Treats and Toys**
Provide treats and toys in the den to ensure your pet associates it as a positive place. A hollow chew toy stuffed with kibbles will keep them busy for hours.
- ☐ **Free Access**
Allow your pet to access the den freely at all times. This way they have chosen to go there and are not forced.

Zylkene®
Keeping Happy Simple



Zylkene® can help improve quality of life for pets—and their owners!

Zylkene contains a natural product, derived from casein, a milk protein with calming properties. It is used to help pets cope when facing unusual and unpredictable situations or before occasions such as a change in their normal environment. There are many ways our pets can respond in these situations such as accidents, chewing, excessive barking or licking and not all animals respond in the same way. Zylkene has become a familiar product for veterinarians, behaviorists, veterinarian technicians, and pet owners for use in helping pets stay calm in challenging situations.



Zylkene is EASY to give

Zylkene® 75mg 75 mg	Cats	1 capsule a day
	Dogs 10 lbs and under	2 capsules a day
Zylkene® 225mg 225 mg	Dogs 22 – 32 lbs	1 capsule a day
	Dogs 33 – 65 lbs	2 capsules a day
Zylkene® 450mg 450 mg	Dogs 33 – 65 lbs	1 capsule a day
	Dogs 66 – 132 lbs	2 capsules a day

Recommended Use

Ideal for short term use:

- Begin use approximately 1 week prior to onset of event
- Dosage may be increased per your Veterinarian's direction
- Continue as needed

May be used long term:

- For best results, use for at least 30-60 days
 - Modify as necessary
 - Extend as required



For more information visit
www.myhappypets.com/zylkene

This brochure is one of a series of owner education leaflets sponsored by Vetoquinol USA, manufacturers and distributors of Zylkene.

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YOUR PET AND A NEW BABY GUIDE

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Bringing home a new baby is an exciting time, but the change can cause your pet to be uneasy. Unfamiliar noises and smells plus a change in routine can all cause upset for your cat or dog.

Preparing to Bring a Baby Home

Before the baby arrives, make sure your pet's environment is optimized:

- Check that cats have adequate resources and ensure that any adjustments to the home to accommodate the baby haven't moved those resources.
- Ensure dogs have access to a den they associate as a positive place.

Give your pet Zylkene in advance of the change to help them cope. This may be necessary further in advance than you might think. If you start to make changes in preparation for bringing the baby home, this change in routine could start causing your pet to be uneasy before the baby arrives. Sooner, rather than later, is best.



When the Baby Arrives Home

- Try and involve your pet with all the new baby routines. For example when feeding the baby or changing their diaper, ensure the pet is a safe distance from the baby where it is impossible for the pet to reach the child; then offer the pet a treat before feeding or changing the baby. This associates the baby with a positive experience.
- When visitors come to see the new baby, ask them to acknowledge your pet before the baby. Again, the baby is associated with a positive experience.
- Ensure your pet has plenty of toys as a distraction so they're not tempted to chew on your baby's toys instead. Keep the baby toys out of sight and reach of your pet.

If these techniques don't seem to be working or you're worried the problem is serious, you don't have to solve the problem alone. Do seek professional advice from your vet or qualified behaviorist.



IMPORTANT – make sure your pet is not able to reach the baby at any point and NEVER leave a baby unattended with a pet. Even an animal you know well can behave unpredictably.

Cat Resources

Ensure cats have adequate resources. The rule with cats is N+1 where N is the number of cats in the house. If you have 2 cats, you need 3 sets of resources, if you have 3 cats you need 4 sets, etc.

Resource Checklist for Happy Cats



Litter Trays

Ensure these are somewhere quiet, private and preferably not right next to a glass door where others can see in.



Food

Cats prefer not to eat together; ensure food bowls are in different places around the house.



Water

Cats prefer their water bowls to be away from their food, so don't place them next to each other.



Sleeping Areas

Cats prefer to be up high so provide each cat with a separate sleeping place where they can survey their territory and watch the world go by.



Scratching Posts

Scratching is important to help cats stretch, condition claws and communicate territory boundaries. Scratching posts should therefore always be by entry or exit points. Each post should be taller than the cat when it's stretched out and have vertical patterns like the bark on a tree. Cats prefer these to posts with spiral patterns.



Toys

It is important all the cats have plenty of toys to mimic their natural hunting behaviors. Cats like their prey to move, so join in with your cat to encourage them to play. This helps to keep your cat active and promotes appropriate hunting behavior.



Give them Zylkene

The main ingredient in Zylkene can help your cat cope with the coming changes in their life.